



SPEAKERS SERIES

PRESENTED BY THE PORT COLBORNE SENIOR'S ADVISORY COMMITTEE

**OCT
23rd**

NIAGARA ONTARIO HEALTH TEAM (NOHT)

Ron Laroche from Niagara Ontario Health Team (NOHT) will be sharing about healthcare transformation and engagement opportunities for patients and caregivers from the NOHT.

1:00-3:00PM

**OCT
30th**

HAPPY IN MY HOME

Joshua Lennox from Happy in my Home, a volunteer based, not-for-profit agency providing comprehensive client-driven community support services helping older adults and adults living with disabilities live independently in their own home.

1:30-3:00PM

**NOV
13th**

ONTARIO CAREGIVER ORGANIZATION

Join Emily Ayenew from the Ontario Caregiver Organization for a discussion around Caregiver Stress, and Burnout. Walk away with practical tips to help empower you on your journey as a caregiver and learn more about the supports available to you.

2:00-3:30PM

**286 KING ST.
FREE ADMISSION**



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