# Wednesday, May 1, 2024

#### Port Colborne Historical & Marine Museum Opens for 2024!

Date and Time: Wednesday, May 1 12:00 pm - 5:00 pm

Address: 280 King St.

The Port Colborne Historical and Marine Museum welcomes you back for another wonderful season!

Join us from May 1st to December 20th to indulge in the local history of Port Colborne. Visit our two newest e xhibits, 'Made in Poco' and 'A Step In Time: The 100th Anniversary of Humberstone Shoe Factory', in the Willi am's Gallery daily from 12:00-5:00 pm. Or travel back in time with a walk through the Heritage Village and M arine Park!

Free Admission, open daily 12:00-5:00 pm.

280 King St., Port Colborne, ON.

### Thursday, May 2, 2024

#### **Tot Time**

Date and Time: Thursday, May 2 10:00 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

### **Tot Time**

Thursdays May 2, 9, 16, 23 & 30, 2024. 10:00 to 10:45 a.m.

Enjoy stories, crafts, and a circle-time.

For ages two to five accompanied by a parent/caregiver. Free. Pre-registration required.

#### Speak with a Registered Dietician

Date and Time: Thursday, May 2 10:30 am - 12:00 pm

Address: Port Colborne Public Library 310 King St.

#### Speak with a Registered Dietician

Thursday, May 2, 2024. Thursday, June 6, 2024. 10:30 a.m. to 12:00 p.m.

Have questions about nutrition and diet? Speak with Christina, who is a Registered Dietician and Diabetes Edu cator from Bridges Community Health Centre.

### Friday, May 3, 2024

#### **Port Colborne Farmers Market**

Date and Time: Friday, May 3 7:00 am - 12:00 pm

Address: Market Square

Port Colborne Farmers Market every Friday morning. Over 50 vendors. Where farm, food and culture meet.

### Saturday, May 4, 2024

#### **Free Comic Book Day**

Date and Time: Saturday, May 4 9:30 am - 5:00 pm

Address: Port Colborne Public Library 310 King St.

### Free Comic Book Day

Saturday, May 4, 2024.

Grab a free comic book, become a superhero with our green screen photoshoot, and take home a fun craft to en joy. Free comics sponsored by Sketchbook Comics. Available while supplies last.

All ages. Drop-in. Free.

#### **Story Time with Shelly**

Date and Time: Saturday, May 4 10:30 am - 11:30 am

Address: Port Colborne Public Library 310 King St.

### **Story Time with Shelly**

Saturdays May 4, 11, 18 & 25, 2024. June 1, 8, 15, 22 & 29, 2024. 10:30 to 11:30 a.m.

Meet us in the Children's Room for a fun, free, family time.

All ages. Free. No registration required.

### Monday, May 6, 2024

#### Mother's Day Card Take and Make

Date and Time: Monday, May 6 9:30 am

Address: Port Colborne Public Library 310 King St.

### Mother's Day Card Take and Make

Monday, May 6, 2024.

Pick up a kit and make a beautiful card to show your love for mom, grandma, or loved one.

While supplies last. Free.

#### Lego Club

Date and Time: Monday, May 6 4:00 pm - 6:00 pm

Address: Port Colborne Public Library 310 King St.

### Lego Club

Mondays May 6, 13 & 27, 2024. June 3, 10, 17 & 24, 2024. 4:00 p.m. to 6:00 p.m.

Complete a challenge, follow a pattern, or use your imagination to make something new – however you like to build, you're sure to create something amazing at Lego Club!

For ages eight to 12. Drop-in. Free.

# Tuesday, May 7, 2024

#### **Resume Refresh with PC Works**

Date and Time: Tuesday, May 7 10:00 am - 12:00 pm

Address: Port Colborne Public Library 310 King St.

# **Resume Refresh with PC Works**

Tuesdays May 7, 14, 21 & 28, 2024. June 4, 11, 18 & 25, 2024. 10:00 a.m. to 12:00 p.m.

Bring in a copy of your resume (paper/digital) and get tips to improve it. <u>PC Works</u> will help refresh and optimi ze your resume to highlight your skills to match your employment goals. Don't have a resume? PC Works can h elp get you started.

Drop-in. Free.

### Wednesday, May 8, 2024

#### **Ontario Seniors Dental Care Program**

Date and Time: Wednesday, May 8 10:00 am - 11:30 am

Address: Port Colborne Public Library 310 King St.

#### **Ontario Seniors Dental Care Program**

Wednesdays May 8 & 29, 2024. June 19, 2024. 10:00 a.m. to 11:30 a.m.

Learn about eligibility and enrollment in the Ontario Seniors Dental Care Program (OSDCP) with Valerie Wehl ann. The Government of Ontario developed the OSDCP to provide free dental care for low-income seniors (65 and older). Valerie works as the Dental Health Community Worker at Bridges Community Health Centre.

Valerie can also be reached at 905-871-7621 ext. 2245 for any additional dental assistance related questions.

Drop-in. Free.

### Thursday, May 9, 2024

#### **Tot Time**

Date and Time: Thursday, May 9 10:00 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

### **Tot Time**

Thursdays May 2, 9, 16, 23 & 30, 2024. 10:00 to 10:45 a.m.

Enjoy stories, crafts, and a circle-time.

For ages two to five accompanied by a parent/caregiver. Free. Pre-registration required.

#### **Scrabble for Seniors**

Date and Time: Thursday, May 9 2:00 pm - 3:30 pm

Address: Port Colborne Public Library 310 King St.

### **Scrabble for Seniors**

Thursday, May 9, 2024. Thursday, June 13, 2024. 2:00 p.m. to 3:30 p.m.

How do you spell fun? S-C-R-A-B-B-L-E! Make words and make friends at the library. New and experienced S crabblers welcome.

For ages 55+. Pre-registration required. Free.

### Friday, May 10, 2024

#### **Port Colborne Farmers Market**

Date and Time: Friday, May 10 7:00 am - 12:00 pm

Address: Market Square

Port Colborne Farmers Market every Friday morning. Over 50 vendors. Where farm, food and culture meet.

#### Come Hear the Music Play Presented by the Port Colborne Chorale

Date and Time: Friday, May 10 7:30 pm

### Saturday, May 11, 2024

### **Cemetery Tours: Overholt Cemetery Pt. 1**

Date and Time: Saturday, May 11 9:30 am - 11:00 am

Address: Overholt Cemetery on Third Concession Rd.

We are excited to be hosting our Cemetery tours again this spring and hope you will join us if you haven't yet b een on these tours, (and even if you have been on the tours before, we'd love to welcome you back again!).

On May 11th we have scheduled our two different tours at Overholt Cemetery on Third Concession Road.

Overholt Cemetery Tour Part 1 will run at 9:30a.m.

Tours last about 90 minutes and participants should wear appropriate shoes and clothing, as the ground surface can be uneven in the cemeteries.

Reservations for the tours must be made in advance by emailing archives@portcolborne.ca

Suggested donation is \$10.00/person for each tour.

### **Story Time with Shelly**

Date and Time: Saturday, May 11 10:30 am - 11:30 am

Address: Port Colborne Public Library 310 King St.

### **Story Time with Shelly**

Saturdays May 4, 11, 18 & 25, 2024. June 1, 8, 15, 22 & 29, 2024. 10:30 to 11:30 a.m.

Meet us in the Children's Room for a fun, free, family time.

All ages. Free. No registration required.

#### Pflag Niagara

Date and Time: Saturday, May 11 11:30 am - 1:30 pm

Address: Port Colborne Public Library 310 King St.

# Pflag Niagara

Saturdays May 11, 2024. June 1, 2024. 11:30 a.m. to 1:30 p.m.

Wondering what all the fuss is about pronouns? Struggling to keep track of all of the letters in 2S&LGBTQQIA + and what they mean? Maybe you have questions but aren't sure if you'll say the right thing or use the correct t erms, or you want to know more about how you can be a better ally to the community. <u>Pflag Niagara</u> is here for you!

All are welcome to stop by, ask questions, and chat with us.

Drop-in. Free.

#### **Cemetery Tours: Overholt Cemetery Pt. 2**

Date and Time: Saturday, May 11 12:00 pm - 1:30 pm

Address: Overholt Cemetery on Third Concession Rd.

We are excited to be hosting our Cemetery Tours again this spring and hope you will join us if you haven't been on these tours, (and even if you have been on the tours before, we'd love to welcome you back again!)

On May 11th we have scheduled two different tours at Overholt Cemetery on Third Concession Road.

Overholt Cemetery Part 2 and St. Paul's Cemetery Tour will run at 12:00 p.m.

Tours last about 90 minutes and participants should wear appropriate shoes and clothing, as the ground surface can be uneven in the cemeteries.

Reservations for the tours must be made in advance by emailing archives@portcolborne.ca

Suggested donation is \$10.00/person for each tour.

### Monday, May 13, 2024

#### Port Colborne Public Library Book Club

Date and Time: Monday, May 13 1:30 pm - 2:30 pm

Address: Port Colborne Public Library 310 King St.

### Port Colborne Public Library Book Club

Introducing the Port Colborne Public Library Book Club! Pre-register to join us and stop by the library to pick up a copy of our book.

- Monday, May 13, 2024. 1:30 to 2:30 p.m.
  - Join us for a discussion of The Evening Chorus by Helen Humphreys.
- Monday, June 10, 2024. 1:30 to 2:30 p.m.

• Join us for a discussion of Sparks Like Stars by Nadia Hashimi.

Limited spaces. Pre-register. Free.

### Lego Club

Date and Time: Monday, May 13 4:00 pm - 6:00 pm

Address: Port Colborne Public Library 310 King St.

# Lego Club

Mondays May 6, 13 & 27, 2024. June 3, 10, 17 & 24, 2024. 4:00 p.m. to 6:00 p.m.

Complete a challenge, follow a pattern, or use your imagination to make something new – however you like to build, you're sure to create something amazing at Lego Club!

For ages eight to 12. Drop-in. Free.

### Tuesday, May 14, 2024

#### **Resume Refresh with PC Works**

Date and Time: Tuesday, May 14 10:00 am - 12:00 pm

Address: Port Colborne Public Library 310 King St.

### **Resume Refresh with PC Works**

Tuesdays May 7, 14, 21 & 28, 2024. June 4, 11, 18 & 25, 2024. 10:00 a.m. to 12:00 p.m.

Bring in a copy of your resume (paper/digital) and get tips to improve it. <u>PC Works</u> will help refresh and optimi ze your resume to highlight your skills to match your employment goals. Don't have a resume? PC Works can h elp get you started.

Drop-in. Free.

#### **Baby Time**

Date and Time: Tuesday, May 14 10:15 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

# **Baby Time**

Tuesdays May 14, 21 & 28, 2024. June 4 & 11, 2024. 10:15 to 10:45 a.m.

Songs, stories, and rhymes with your little one.

For ages zero to two. Free. Pre-registration required.

#### **Dungeons and Dragons**

Date and Time: Tuesday, May 14 4:30 pm - 6:30 pm

Address: Port Colborne Public Library 310 King St.

### **Dungeons and Dragons**

Tuesdays May 14, 2024. June 11, 2024. 4:30 p.m. to 6:30 p.m.

Calling all adventurers to the Sword Coast! While desperately trying to enlist the help of a mage to remove a curse from a local village, our adventurers have become trapped inside a mysterious mansion. To escape, they nee d to investigate the mansion and identify a command word. But dangers lurk around every corner, and only the bravest adventurer will be able to complete the challenges and make it out alive! Are you cunning and brave enough to help them survive?

For ages 13 to 17. Pre-registration required. Free.

### Wednesday, May 15, 2024

### Service Canada

Date and Time: Wednesday, May 15 10:00 am - 1:00 pm

Address: Port Colborne Public Library 310 King St.

### Service Canada

Next sessions: Wednesday, May 15, 2024. Tuesday, June 18, 2024. 10:00 am to 1:00 p.m. Service Canada can help you apply for programs and services:

- Old Age Security (OAS)
- Canada Pension Plan (CPP)
- Employment Insurance (EI)
- Social Insurance Number (SIN)
- My Service Canada Account (MSCA).

Drop-in. Free.

### Thursday, May 16, 2024

#### **National Para Hockey Championships**

Date and Time: Thursday, May 16 8:00 am - 8:00 pm

Address: 550 Elizabeth Street

Come out to the Vale Health and Wellness Centre for the National Para Hockey Championships all weekend!

#### **Tot Time**

Date and Time: Thursday, May 16 10:00 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

### **Tot Time**

Thursdays May 2, 9, 16, 23 & 30, 2024. 10:00 to 10:45 a.m.

Enjoy stories, crafts, and a circle-time.

For ages two to five accompanied by a parent/caregiver. Free. Pre-registration required.

### Friday, May 17, 2024

#### **Port Colborne Farmers Market**

Date and Time: Friday, May 17 7:00 am - 12:00 pm

#### Address: Market Square

Port Colborne Farmers Market every Friday morning. Over 50 vendors. Where farm, food and culture meet.

#### **National Para Hockey Championships**

Date and Time: Friday, May 17 8:00 am - 8:00 pm

Address: 550 Elizabeth Street

Come out to the Vale Health and Wellness Centre for the National Para Hockey Championships all weekend!

### Saturday, May 18, 2024

#### **National Para Hockey Championships**

Date and Time: Saturday, May 18 8:00 am - 8:00 pm

Address: 550 Elizabeth Street

Come out to the Vale Health and Wellness Centre for the National Para Hockey Championships all weekend!

#### **Cemetery Tours: Oakwood Cemetery**

Date and Time: Saturday, May 18 10:00 am - 11:30 am

Address: Oakwood Cemetery on Lakeshore Rd.

We are excited to be hosting our Cemetery Tours again this spring and hope you will join us if you haven't been on these tours, (and even if you have been on the tours before, we'd love to welcome you back again!)

On May 18th we will be hosting our Oakwood Cemetery Tour on Lakeshore Road at 10:00 a.m.

Tours last about 90 minutes and participants should wear appropriate clothing, as the ground surface can be une ven in the cemeteries.

#### Reservations for the tours must be made in advance by emailing archives@portcolborne.ca

Suggested donation is \$10.00/person for each tour.

#### The Niagara Children's Festival

Date and Time: Saturday, May 18 10:00 am - 4:00 pm

Address: The Bank Art House, 22 King St, Welland, ON L3B 3H9 & The Welland Public Library, 50 The Boar dwalk, Welland, Ontario L3B 6J1

**The Niagara Children's Festival** is an exciting explosion of arts and culture for the whole family! Happening in St. Catharines, Welland, and Ridgeway, this festival is bringing theatre and storytelling to Niagara's earliest a

udiences with plays and cultural activities just for kids. Don't miss indoor and outdoor performances, crafts and games, live music, and fun interactive installations. Let your imagination and creativity shine, and discover the j oy of live theatre for young audiences!

#### **Story Time with Shelly**

Date and Time: Saturday, May 18 10:30 am - 11:30 am

Address: Port Colborne Public Library 310 King St.

### **Story Time with Shelly**

Saturdays May 4, 11, 18 & 25, 2024. June 1, 8, 15, 22 & 29, 2024. 10:30 to 11:30 a.m.

Meet us in the Children's Room for a fun, free, family time.

All ages. Free. No registration required.

### Sunday, May 19, 2024

#### **National Para Hockey Championships**

Date and Time: Sunday, May 19 8:00 am - 8:00 pm

Address: 550 Elizabeth Street

Come out to the Vale Health and Wellness Centre for the National Para Hockey Championships all weekend!

#### The Niagara Children's Festival

Date and Time: Sunday, May 19 10:00 am - 4:00 pm

Address: The Bank Art House, 22 King St, Welland, ON L3B 3H9 & The Welland Public Library, 50 The Boar dwalk, Welland, Ontario L3B 6J1

**The Niagara Children's Festival** is an exciting explosion of arts and culture for the whole family! Happening in St. Catharines, Welland, and Ridgeway, this festival is bringing theatre and storytelling to Niagara's earliest a udiences with plays and cultural activities just for kids. Don't miss indoor and outdoor performances, crafts and games, live music, and fun interactive installations. Let your imagination and creativity shine, and discover the j oy of live theatre for young audiences!

### Tuesday, May 21, 2024

#### **Resume Refresh with PC Works**

Date and Time: Tuesday, May 21 10:00 am - 12:00 pm

Address: Port Colborne Public Library 310 King St.

### **Resume Refresh with PC Works**

Tuesdays May 7, 14, 21 & 28, 2024. June 4, 11, 18 & 25, 2024. 10:00 a.m. to 12:00 p.m.

Bring in a copy of your resume (paper/digital) and get tips to improve it. <u>PC Works</u> will help refresh and optimi ze your resume to highlight your skills to match your employment goals. Don't have a resume? PC Works can h elp get you started.

Drop-in. Free.

#### **Baby Time**

Date and Time: Tuesday, May 21 10:15 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

### **Baby Time**

Tuesdays May 14, 21 & 28, 2024. June 4 & 11, 2024. 10:15 to 10:45 a.m.

Songs, stories, and rhymes with your little one.

For ages zero to two. Free. Pre-registration required.

### Thursday, May 23, 2024

#### **Tot Time**

Date and Time: Thursday, May 23 10:00 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

### **Tot Time**

Thursdays

May 2, 9, 16, 23 & 30, 2024. 10:00 to 10:45 a.m.

Enjoy stories, crafts, and a circle-time.

For ages two to five accompanied by a parent/caregiver. Free. Pre-registration required.

#### **Teen Board Game Night**

Date and Time: Thursday, May 23 4:30 pm - 6:30 pm

Address: Port Colborne Public Library 310 King St.

### **Teen Board Game Night**

Thursdays May 23, 2024. June 27, 2024. 4:30 to 6:30 p.m.

It's game on at the library! Test your skills with our strategy, drawing, and word games or bring your favourite g ame to play. Come solo or with friends and get ready to roll!

For ages 13 to 17. Drop-in. Free.

#### PC Cruisers - 1950s Night

Date and Time: Thursday, May 23 5:00 pm - 8:00 pm

Address: Clarence Street

Join The Port Colborne Cruiser's association on Thursday nights from May to September. Bring out your cars a nd enjoy specials offered by local businesses!

### Friday, May 24, 2024

#### **Port Colborne Farmers Market**

Date and Time: Friday, May 24 7:00 am - 12:00 pm

Address: Market Square

Port Colborne Farmers Market every Friday morning. Over 50 vendors. Where farm, food and culture meet.

#### **Story Time with Shelly**

Date and Time: Saturday, May 25 10:30 am - 11:30 am

Address: Port Colborne Public Library 310 King St.

### **Story Time with Shelly**

Saturdays May 4, 11, 18 & 25, 2024. June 1, 8, 15, 22 & 29, 2024. 10:30 to 11:30 a.m.

Meet us in the Children's Room for a fun, free, family time.

All ages. Free. No registration required.

### Sunday, May 26, 2024

#### 40th Annual Arabella's Pie Social and History Fair

Date and Time: Sunday, May 26 12:00 pm - 4:00 pm

Address: 280 King St.

# Join us at the 40th Annual Arabella's Pie Social and History Fair on the grounds of the Port Colborne Hi storical and Marine Museum on Sunday, May 26th from 12:00-4:00 pm.

Enjoy an afternoon on the beautifully blooming grounds of the Museum and be serenaded by piano music. At th e same time, experienced traditional skills in the Heritage Village from spinning, blacksmithing, and printing, to demonstrations by the Niagara Antique Power Association. Don't forget to try your skills at some heritage gam es, like croquet, or try on some of the fashions of the past, or buy some plants for your garden at the Perennial Plant sale.

Last but not least, enjoy a trip to Arabella's Tea Room to enjoy a delicious slice of homemade pie and a cup of t ea! Truly the sweetest way to spend a springtime Sunday afternoon.

FREE ADMISSION.

### Monday, May 27, 2024

**Documentary Films** 

Date and Time: Monday, May 27 1:30 pm - 3:00 pm

Address: Port Colborne Public Library 310 King St.

### **Documentary Films**

Bring a friend or two and join us for an afternoon of film-watching. Enjoy a lively discussion. Presented the las t Monday of the month, January to December, 1:30 p.m. to 3:00 p.m.

#### 2024 Season

Monday, May 27, 2024. 1:30 to 3:00 p.m.

Join us for a screening and discussion of a documentary film:

- Secretariat's Jockey, Ron Turcotte (2013, 74 min)
  - Join us for a screening and discussion of the documentary film Secretariat's Jockey, Ron Turcotte (2013, 74 min). This documentary tells the story of jockey Ron Turcotte, who, along with his legendary horse Secretariat, won the prestigious American Triple Crown in 1973. Follow along as we witness Turcotte's rise to fame, the fall in 1978 that left him a paraplegic and his emotional journey back to the people and places that marked his life. This is a road movie that delves deep into the thrilling and dangerous world of horseracing, featuring never-before-seen footage of Secretariat and appearances by Triple Crown winners Steve Cauthen and Jean Cruguet.

Pre-registration is required. Contact the library for more information: 905-834-6512. Free.

### Lego Club

Date and Time: Monday, May 27 4:00 pm - 6:00 pm

Address: Port Colborne Public Library 310 King St.

### Lego Club

Mondays May 6, 13 & 27, 2024. June 3, 10, 17 & 24, 2024. 4:00 p.m. to 6:00 p.m.

Complete a challenge, follow a pattern, or use your imagination to make something new – however you like to build, you're sure to create something amazing at Lego Club!

For ages eight to 12. Drop-in. Free.

### Tuesday, May 28, 2024

#### Seniors' Craft Circle

Date and Time: Tuesday, May 28 10:00 am - 12:00 pm

Address: Port Colborne Public Library 310 King St.

### Seniors' Craft Circle

Tuesday, May 28, 2024. Tuesday, June 25, 2024. 10:00 a.m. to 12:00 p.m.

Bring your own project and join the circle to enjoy a time of socializing and crafting. Don't have a project? Gra b some supplies from our Craft Cart and get started!

For ages 55+. Pre-registration required. Free.

#### **Resume Refresh with PC Works**

Date and Time: Tuesday, May 28 10:00 am - 12:00 pm

Address: Port Colborne Public Library 310 King St.

### **Resume Refresh with PC Works**

Tuesdays May 7, 14, 21 & 28, 2024. June 4, 11, 18 & 25, 2024. 10:00 a.m. to 12:00 p.m.

Bring in a copy of your resume (paper/digital) and get tips to improve it. <u>PC Works</u> will help refresh and optimi ze your resume to highlight your skills to match your employment goals. Don't have a resume? PC Works can h elp get you started.

Drop-in. Free.

#### **Baby Time**

Date and Time: Tuesday, May 28 10:15 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

### **Baby Time**

Tuesdays May 14, 21 & 28, 2024. June 4 & 11, 2024. 10:15 to 10:45 a.m.

Songs, stories, and rhymes with your little one.

For ages zero to two. Free. Pre-registration required.

#### **Bridges Community Health Centre Programs and Services**

Date and Time: Tuesday, May 28 1:00 pm - 3:00 pm

Address: Port Colborne Public Library 310 King St.

#### **Bridges Community Health Centre Programs and Services**

Tuesday, May 28, 2024. 1:00 p.m. to 3:00 p.m. Thursday, June 27, 2024. 10:00 a.m. to 12:00 p.m.

Learn about free programs and services offered by Bridges CHC with Health Promoter Lori.

### Wednesday, May 29, 2024

#### **Ontario Seniors Dental Care Program**

Date and Time: Wednesday, May 29 10:00 am - 11:30 am

Address: Port Colborne Public Library 310 King St.

#### **Ontario Seniors Dental Care Program**

Wednesdays May 8 & 29, 2024. June 19, 2024. 10:00 a.m. to 11:30 a.m.

Learn about eligibility and enrollment in the Ontario Seniors Dental Care Program (OSDCP) with Valerie Wehl ann. The Government of Ontario developed the OSDCP to provide free dental care for low-income seniors (65 and older). Valerie works as the Dental Health Community Worker at Bridges Community Health Centre.

Valerie can also be reached at 905-871-7621 ext. 2245 for any additional dental assistance related questions.

Drop-in. Free.

#### Self Care for Students Wellness Fair

Date and Time: Wednesday, May 29 4:00 pm - 5:30 pm

Address: Port Colborne Public Library 310 King St.

### Self Care for Students Wellness Fair

Wednesday, May 29, 2024. 4:00 p.m. to 5:30 p.m.

Feeling stressed about exams? Anxious about starting high school or post secondary? Drop by the Self Care for Students Wellness Fair at the Port Colborne Public Library and learn strategies & tips to help you prepare for e

xams and school transitions. There will be presentations, demos, and displays on topics such as exercise, breathing techniques, better sleep, healthy eating, study strategies, transitioning to high school, community resources a nd much more!

Sponsored by the City of Port Colborne Mayor's Youth Advisory Council with support from Bridges Commun ity Health Centre and the Port Colborne Public Library.

For ages 12 – 17. Drop-in. Free.

#### Self Care For Students Wellness Fair

Date and Time: Wednesday, May 29 4:00 pm - 5:30 pm

Address: Port Colborne Public Library and L.R. Wilson Archives Building

Feeling stressed about upcoming exams?

Anxious about starting high school or post-secondary?

Drop by the Self Care For Students Wellness Fair and learn strategies and tips to help you prepare for exams an d school transitions!

#### Rotate through 15-minute presentations/demos on topics such as:

- Exercise
- Study Strategies
- Breathing Tips
- Transitioning to High School/Post-Secondary

#### Visit a Pop-Up Zone:

- Arts & Crafts
- Healthy Snacks & Hydration Station
- Library Resources & Recommendations
- Community Agency Info Where to Get Help!

Sponsored by the City of Port Colborne Mayor's Youth Advisory Committee with support from Bridges Comm unity Health Centre and the Port Colborne Public Library

### Thursday, May 30, 2024

#### **Tot Time**

Date and Time: Thursday, May 30 10:00 am - 10:45 am

Address: Port Colborne Public Library 310 King St.

### **Tot Time**

Thursdays May 2, 9, 16, 23 & 30, 2024. 10:00 to 10:45 a.m.

Enjoy stories, crafts, and a circle-time.

For ages two to five accompanied by a parent/caregiver. Free. Pre-registration required.

### PC Cruisers - Import Night

Date and Time: Thursday, May 30 5:00 pm - 8:00 pm

Address: Clarence Street

Join The Port Colborne Cruiser's association on Thursday nights from May to September. Bring out your cars a nd enjoy specials offered by local businesses!

### Friday, May 31, 2024

#### **Port Colborne Farmers Market**

Date and Time: Friday, May 31 7:00 am - 12:00 pm

Address: Market Square

Port Colborne Farmers Market every Friday morning. Over 50 vendors. Where farm, food and culture meet.

https://Calendar.portcolborne.ca